THE POWER OF AFTERSCHOOL IN INDIANA
WHY AFTERSCHOOL MATTERS FOR INDIANA

Every child in Indiana deserves a great education, regardless of background, income or ZIP code. Schools can’t do it alone. Youth spend only 20% of their waking hours in school. How they invest the other 80% transforms their lives, especially for youth living in under-resourced communities.

Afterschool programs, otherwise known as out-of-school time (OST) programs, reimagine how, where and when our young people learn. OST programs offer a wide range of hands-on learning and enrichment opportunities beyond school hours that prepare children and youth for success in school, work, college and life.

Building robots, creating art, solving real-world problems, being part of a team, exploring the world around them, contributing to their community and preparing for college and careers – these are the out-of-school time opportunities for K-12 youth in Indiana.

OST programs are offered throughout Indiana communities – in schools, community and faith-based centers, universities, museums, libraries, and more. They take place before school, afterschool, weekends, holidays and summers. For many kids these programs are also their best chance to get a healthy meal and meet basic needs.

OPPORTUNITY GAP

AFTERSCHOOL AND SUMMER PROGRAMS CAN ADD 1,080 HOURS OF ACADEMIC ENRICHMENT TO A CHILD’S YEAR, EQUIVALENT TO THE NUMBER OF HOURS IN 144 SCHOOL DAYS.

Yet, access is not equal. Low-income youth experience 6,000 fewer hours of enrichment and academic learning than their more affluent peers by the eighth grade (Hechinger Report, 2013)

68% of Indiana children have both parents in the workforce

11% of them actually participate in afterschool programs

31% of Indiana parents of children not in OST programs now would enroll them if available in their community

SOURCES: ANNIE E. CASEY FOUNDATION, KIDS COUNT DATA CENTER, 2012
AFTERSCHOOL ALLIANCE’S INDIANA AFTER 3PM REPORT
THE AFTERSCHOOL LANDSCAPE IN INDIANA

18% OF UNITED STATES K-12 YOUTH ATTEND OUT-OF-SCHOOL EDUCATIONAL PROGRAMS

11% OF INDIANA K-12 YOUTH ATTEND OUT-OF-SCHOOL EDUCATIONAL PROGRAMS

221,761 OF INDIANA’S CHILDREN, INCLUDING MANY KINDERGARTNERS, ARE HOME ALONE IN THE AFTERNOONS

URBAN VS. RURAL PROGRAMS IN INDIANA

LENGTH OF PROGRAMS

51% SUMMER ONLY

49% SCHOOL YEAR

44% FULL YEAR

INDIANA AFTERSCHOOL NETWORK TRACKS 961 PROGRAMS SERVING OVER 48,500 INDIANA YOUTH DAILY

LOCATIONS OF OUT-OF-SCHOOL PROGRAMMING

59% SCHOOL

23% COMMUNITY

9% FAITH

9% RESIDENTIAL & OTHER

OST SITES REGISTERED WITH INDIANA AFTERSCHOOL NETWORK

TYPES OF PROGRAMS OFFERED

90% – TUTORING AND HOMEWORK

87% – SPORTS AND RECREATION

80% – HEALTH AND WELLNESS

79% – ACADEMIC ENRICHMENT

77% – CHARACTER EDUCATION

76% – LITERACY/READING

60% – CULTURAL ENRICHMENT AND DIVERSITY

57% – SCIENCE, TECHNOLOGY, ENGINEERING AND MATH

55% – VISUAL AND PERFORMING ARTS

49% – FAMILY AND PARENT ACTIVITIES

47% – CIVIC ENGAGEMENT AND COMMUNITY SERVICE

42% – MENTORING

29% – PROGRAMMING SUPPORTING SPECIAL NEEDS

24% – CAREER AND JOB EXPLORATION

15% – COLLEGE READINESS

13% – FINANCIAL LITERACY

3% – OTHER ACTIVITIES

INDIANA YOUTH DAILY

SCHOOL YEAR

50%

SUMMER ONLY

6%

FULL YEAR

44%

1 TO 20 STUDENTS

8%

21 TO 50 STUDENTS

36%

51 TO 100 STUDENTS

26%

MORE THAN 100 STUDENTS

17%

To find out more information about your local afterschool programs, visit: indiana afterschool.org

QUALITY MATTERS

Research clearly shows that programs create positive outcomes for youth only if they are high quality. In a series of studies, Deborah Lowe Vandell, dean of the School of Education at the University of California, Irvine found that when afterschool participation was high, the achievement gap between low-income and high-income students was eliminated (Pierce, K.M., Auger, A. and Vandell, D.L., April, 2013). The main influencing factors are:

- **QUALITY**: Interactions with adults and peers, and students’ interest in activities.
- **DURATION**: Sustained participation over time versus one-time activities or experiences.
- **INTENSITY**: One hour per week is not as good as two hours, and two hours is not as good as three hours. Children attending 15 hours per week show more benefits.

Indiana is leading the way nationally with afterschool standards and an online assessment tool created. The Indiana Afterschool Network convened a statewide task force to research national best-practice standards that outline the path and steps that lead to high-quality youth programming.

**Indiana Afterschool Standards and Specialty Standards and the Indiana Quality Program Self-Assessment (IN-QPSA)**

- Standards outline the path and steps that lead to high quality youth programs that take place outside the school day and are based on national research and best practices in the youth development and education fields.
- More than 475 OST programs are making positive changes using the since the launch of these quality tools.
- Programs cite family engagement and staff retention as their primary quality areas of improvement.

**Indiana Academy for Out-of-School Learning**

- An online professional development system specifically designed for Indiana’s before school, after school and summer programs.
- Since the launch in winter 2014, 1400 users have enrolled and completed 4,600 hours of training.

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**INDIANA AFTERSCHOOL STANDARDS**

**INDIANA SPECIALTY STANDARDS**

- College and Career Readiness
- Family Engagement
- Healthy Eating and Physical Activity
- STEM (Science, Technology, Engineering and Math)
- Summer Learning
- Literacy
SAFE KIDS AND CITIES

The hours with the highest number of crimes by youth are 3-6 p.m. on weekdays. Unsupervised youth not attending afterschool programs are three times more likely to commit a crime, be a victim of a crime, use drugs or drop out of school (Fight Crime: Invest in Kids, 2002).

In Indiana, 221,761 (20%) of Indiana’s children, including many kindergartners, are home alone in the afternoons (Afterschool Alliance, 2014).

- 25,633 Indiana youth are arrested each year, and 1 in 10 has been a witness or direct victim of a crime (Indiana Criminal Justice Institute, 2011).
- 86% of America’s police chiefs stated that expanding afterschool and summer programming for students would reduce youth crime and violence (America’s After-School Choice: The Prime Time for Juvenile Crime).
- Participation in afterschool programs can reduce drug use among youth by nearly 50% (University of Chicago, 2006).

“Having afterschool and summer programs in our community provides safe places where students can go during at-risk hours and allows the participants the chance to have fun and engage in learning.”

- CPL. JASON JACKSON
JEFFERSON POLICE DEPARTMENT

HEALTHY KIDS

OST programs play an important role in promoting healthy lifestyles for youth, engaging them in a variety of physical activities. Many times, OST programs are a child’s only opportunity for healthy meals afterschool or during the summer.

32% of youth in Indiana are overweight or obese. The prevalence of obesity is significantly lower in children participating in an afterschool program when compared with non-participants (MAHONEY, ET. AL., 2005).

- According to the Center for Disease Control (CDC), 61.5 percent of children ages 9-13 do not participate in any organized physical activity outside of school hours and 22.6 percent do not engage in any type of physical activity during free time (Afterschool Alliance).
ACCELERATE LEARNING

Research confirms that youth participating in OST programs do better in school. In fact, Johns Hopkins researchers showed that 2/3 of the achievement gap between high- and low-income children can be turned around with equal access to high-quality summer programs (*Lasting Consequences of the Summer Learning Gap, 2007*).

Every child in Indiana deserves a great education regardless of background, income or ZIP code. Schools can’t do it alone. Youth spend only 20% of their waking hours in school. How they invest the other 80% transforms their lives. Afterschool and summer programs can add 1,080 hours of academic enrichment to a child’s year, equivalent to the number of hours in 144 school days.

“Our afterschool program intentionally extends learning in a powerful way after the school day ends.”

- SHERRI SILCOX, PROGRAM COORDINATOR, MICHIGAN CITY AREA SCHOOLS SAFE HARBOR

In a series of studies, DEBORAH LOWE VANDELL, DEAN OF THE SCHOOL OF EDUCATION AT THE UNIVERSITY OF CALIFORNIA, IRVINE FOUND THAT CHILDREN WHO PARTICIPATED CONSISTENTLY IN AFTERSCHOOL ACTIVITIES POSTED SIGNIFICANT MATH ACHIEVEMENT GAINS BY FIFTH GRADE. FURTHERMORE, WHEN AFTERSCHOOL PARTICIPATION WAS HIGH, THE ACHIEVEMENT GAP BETWEEN LOW-INCOME AND HIGH-INCOME STUDENTS WAS ELIMINATED (2012).

PARTICIPATION IS ALSO LINKED TO POSITIVE EFFECTS ON BEHAVIOR AND DECREASED AGGRESSION.

STUDENTS WHO PARTICIPATE IN OST PROGRAMS HAVE BETTER SCHOOL ATTENDANCE RECORDS AND HIGHER-QUALITY WORK HABITS.

(AMERICA’S PROMISE ALLIANCE)
Afterschool programs support Indiana’s working families and businesses while preparing our young people to succeed in today’s global, knowledge-based workforce.

Working parents are more successful and productive at work when they know their children are safe in the hours after school. Working parents miss an average of eight days per year due to lack of afterschool care (Brandeis and Catalyst).

To be a global leader in education, innovation and economic prosperity, Indiana must support its working families and prepare its young people to graduate high school ready for college and careers.

- Decreased worker productivity related to parental concerns about afterschool care costs businesses up to $300 billion per year nationally (Catalyst & Brandeis University, 2006).
- According to a national survey, four in five parents say afterschool helps them keep their jobs and gives them peace of mind when they are at work. (Afterschool Alliance, 2014).

“We recognize the significant impact of out-of-school time on Indiana’s economy and preparing our future workforce. Our parents are more productive when they are not distracted by limited afterschool options.”

- BRAD RHORER, MANAGER AT SUBARU

The fastest growing and best paying job market in Indiana today and into the future is STEM-based, requiring strong skills in science, technology, engineering and math (STEM). Yet, Indiana's elementary school students currently receive only two hours per week of science instruction. Out-of-school time can make a big difference by offering extended STEM learning time. One afterschool STEM activity each week can more than double the time a young person gets a hands-on learning experience in STEM, building college and workforce preparation skills.

- Thousands of good paying Indiana STEM job openings are unfilled today due to a lack of qualified workers. This is particularly concerning because the availability of a qualified workforce is the primary factor considered by a business looking to grow.
- While STEM programs are offered today in approximately 50% of out-of-school time programs throughout Indiana, the impact on STEM career-building that out-of-school programs have can be increased through more funding, expanded curriculum and professional development, and stronger community partnerships.
FUNDING AFTER SCHOOL PROGRAMS

Out-of-school time programs in Indiana are reaching thousands of youth across the state, while often operating with limited and patchwork funding from diverse public and private sources. Programs serving low-income families often offer programs free or at highly reduced rates. Expanding federal and state funding for OST is paramount for reaching the lowest income rural and urban communities.

- Families below the poverty level spend an average of 23% of their monthly earnings on care outside of the school day (Giannarelli, L., and Barsimantov, J., Child Care Expenses of America’s Families. Washington, D.C.: Urban Institute, 2000).
- Of all Indiana children not currently enrolled in afterschool, 36% (364,109) would be likely to participate if an afterschool program were available in their community. (Afterschool Alliance Indiana After 3 PM Report).

THE COST OF NOT FUNDING OUT-OF-SCHOOL TIME PROGRAMS

Every dollar invested in out-of-school time programs saves taxpayers approximately $3, not including the savings from reduced crime (Brown, et al. (2002), The Costs and Benefits of Afterschool Programs).

THE COST FOR ONE STUDENT

It costs $1,500 for one kid to attend an out-of-school program for one year, compared to $87,235 to incarcerate one youth for one year (Supreme Court of Indiana, Division of State Court Administration).

INDIANA AFTER SCHOOL STEM TASK FORCE

- CONNECTS 400+ DIVERSE (OUT-OF-SCHOOL, K-12, POST-SECONDARY, BUSINESS, GOVERNMENT, COMMUNITY GROUPS) COMMITTED TO STEM EDUCATION
- SUPPORTS STEM ACTIVITIES IN 500+ OUT-OF-SCHOOL TIME PROGRAMS
- CONTRIBUTED TO THE INDIANA AFTER SCHOOL NETWORK’S DEVELOPMENT OF THE NATION’S FIRST AFTER SCHOOL STEM STANDARDS
- CREATED A SEARCHABLE ONLINE DATABASE OF STEM PROGRAMS
- WORKS TO BUILD GREATER COLLABORATION OF IN-SCHOOL AND OUT-OF-SCHOOL STEM LEARNING
The 21st Century Community Learning Centers (21st CCLC) initiative is the only funding source dedicated exclusively to out-of-school time programs. It has a priority focus on high-poverty and low-performing schools. Indiana receives $20 million and reaches more than 20,000 kids statewide. In 2016, only 2/3rds of Indiana’s 21st CCLC grant applications were funded, leaving thousands of youth without access to affordable program options around the state. Federal cuts threaten this initiative every year. Let your U.S. legislators know to continue the funding!
YOU CAN HELP!

WHAT STATE EDUCATION AGENCIES CAN DO
- Support districts to implement out-of-school time initiatives
- Promote afterschool as a way to close the achievement gap
- Participate in an Afterschool Affiliate Network
- Require that schools implement afterschool programs
- Ensure effective collaboration among key stakeholders

WHAT EDUCATORS CAN DO
- Reimagine where, how and when learning and education takes place
- Participate in an Afterschool Affiliate Network
- Share relevant data
- Share professional development
- Understand afterschool standards and quality assessments
- Connect with your OST provider to share best practices

WHAT BUSINESS LEADERS CAN DO
- Partner with schools and local school systems
- Encourage municipal leaders and others to support high-quality, affordable afterschool programs
- Participate in an Afterschool Regional Coalition
- Provide expert mentors and volunteers in programs

WHAT CITY LEADERS/LEGISLATORS CAN DO
- Partner with schools and local school systems
- Encourage municipal leaders and others to support high-quality, affordable afterschool programs
- Participate in an Afterschool Affiliate Network
- Provide expert mentors and volunteers in programs

WHAT PARENTS CAN DO
- Communicate the importance of afterschool programs to your legislators
- Encourage local schools to partner with the community to create high-quality, affordable afterschool programs
ABOUT INDIANA AFTERSCHOOL NETWORK

We are a nonprofit organization that champions afterschool and summer learning by inspiring, empowering and connecting youth workers, business leaders, educators and out-of-school learning advocates at the state and local levels. We believe that together, schools, communities and families can create a seamless and inspiring day of learning before, during and after the school bell rings.

We see Indiana as a place where all K-12 youth have access to high-quality learning opportunities beyond the school day that prepare them for success in school and life.

Business leaders, community partners, educators and youth workers in cities around the state are coming together to create coordinated city-wide or regional systems to expand quality out-of-school learning for their K-12 youth.

PARTICIPATE IN AN AFTERSCHOOL COALITION IN YOUR COMMUNITY:

- Bring together partners among schools, universities, youth development, business, museums, libraries and others to collaborate and expand learning beyond the school day
- Identify a common agenda and what to measure
- Gather data on what’s happening in the hours after school
- Use data to inform current and future landscape you want to create
- Identify and implement projects to move toward goals
- Track progress and keep going!
BY SUPPORTING INDIANA AFTERSCHOOL NETWORK, YOU:

- Strengthen quality programs and staff
- Increase youth access to programs
- Increase out-of-school time links with education and workforce
- Strengthen infrastructure and funding base
- Increase visibility and investment in out-of-school time

SPECIAL THANKS TO:
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NATIONAL CONFERENCE OF STATE LEGISLATURES - TECHNICAL ASSISTANCE

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